



## Emergency car kit

If you have a car, prepare an emergency car kit and keep it in the vehicle. The basic emergency kit for cars should include the following items:

- Food** – that won't spoil, such as energy bars
- Water** – in plastic bottles so they won't break if frozen (change every six months)
- Blanket**
- Extra clothing** and shoes
- First aid kit** – with seatbelt cutter
- Small shovel, scraper and snowbrush**
- Candle** in a deep can and **matches**
- Wind-up flashlight**
- Whistle** – in case you need to attract attention
- Roadmaps**
- Copy of your emergency plan and personal documents**

### Also keep these inside your trunk:

- Sand, salt or cat litter (non clumping)**
- Antifreeze/windshield washer fluid**
- Tow rope**
- Jumper cables**
- Fire extinguisher**
- Warning light** or road flares